

Shelter Against Violent Environments

Empowering partners to be safe from abuse

Annual Report 2004 – 2005

39155 Liberty Street, Suite C310, Fremont, CA 94538

www.save-dv.org

24-hour Crisis hotline: 510-794-6055

Phone: 510-574-2250

Email: info@save-dv.org

SAVE's mission is to promote alternatives to domestic violence through support services, advocacy and education, and to assist domestic violence victims and their families to end the cycle of violence.

Dear Friends,

Thank you for your ongoing support of SAVE and your shared concern of the devastation domestic violence wreaks in our communities. We at SAVE are confronted daily with the personal stories of individuals who are affected by domestic violence. Each story reinforces the need for SAVE to exist to provide these individuals with the courage, strength, and knowledge to make their futures safe and peaceful.

This past year, SAVE was confronted with the same financial difficulties that are plaguing many nonprofits. Cutbacks continue to occur from our funding sources—state, county, cities, corporate, and private. Fortunately, SAVE's dedicated staff have worked hard to maintain quality programs and services for the individuals and families we serve.

Another challenge we face is serving an increasingly diverse population. More than 130 languages are spoken in Fremont alone. We are thrilled to have received a grant to be trained on cultural competency issues by the experts at Asian Women's Shelter. Our goal is to make our programs even more accessible to all populations.

We look forward to your joining us next year as SAVE begins its 30th year of helping those whose lives have been shattered by domestic violence.

Warm Regards,

Rodney Clark, Executive Director

Highlights of the year

- SAVE and Leadership Fremont combined to launch "Cut Abuse: Salons Against Violence" to educate salon owners about domestic violence and to display SAVE information and brochures at their sites. Leadership Fremont participants raised more than \$9000 to fund the printed materials and giveaways.
- Selected to receive a technical assistance grant through Asian Women's Shelter to address cultural competency issues.
- Teen Dating Violence Prevention Program presented to 1700 students at local junior high and high schools.
- Answered 3000 crisis calls to our 24-hour hotline.
- Provided shelter to 700 women and children through our emergency shelter, WINGS transitional housing, and subsidized housing programs.
- Completed 750 Temporary Restraining Orders to keep the batterer away from the victim.
- Assisted 8,880 domestic violence victims with crisis intervention at local police departments.

Programs

24-Hour Crisis Hotline with trained domestic violence counselors, available any time of the day or night to offer emotional support, referrals, and crisis intervention

A 30 bed **Emergency Shelter** at a confidential location for families fleeing abuse (90 day maximum stay)

WINGS, a 15 apartment transitional housing program focused on preparing families for self-sufficiency

Counseling Services offered individually on a sliding fee scale basis, and free drop-in support groups

Children's Program in conjunction with our Shelter and WINGS, where professionals work closely with children to heal the traumatic effects of living with violence

Community Services that impart prevention and intervention through medical outreach and advocacy, community education, and Teen Dating Violence Prevention Program

The **Community Oriented Prevention Service Program (COPS)** is a partnership of SAVE and local police departments. The COPS Program works to prevent and reduce domestic violence early in the cycle, and provides crisis intervention services to victims and their children.

The **Temporary Restraining Order (TRO) Clinic** provides legal assistance and court accompaniment in the Fremont and Hayward Superior Courts as well as in the Hayward and San Leandro Police Departments and the SAVE Community Office

"When a woman gives herself a compliment, after two decades of put-downs from her husband — I consider that a great success." — SAVE counselor

A Day in the Life of SAVE Clients

Medical Outreach

"I got called to the hospital to meet a woman whose partner had slashed her throat the night before. She was weak, exhausted, and completely broken down. I sat with her for a couple of hours, holding her hand and listening to her story. Before I left, I took her to the bathroom with me, positioned her in front of the mirror, and had her repeat affirmations in front of her reflection:

I am a survivor. This is not my fault.

It moved me to tears.

A couple of days later, when she was discharged, she came to the shelter. Now, almost a year later, she's back on her feet, living on her own, and moving on. She continues to get counseling at SAVE, both individually and through drop-in support groups."

Restraining Order Clinic

She walked into the Restraining Order Clinic at the Fremont Court House, just as 50 other men and women had done throughout the month. She told her story of abuse to the SAVE advocate, just as the other victims who need a restraining order against their abuser. But her story stood out from the others -- a story of paranoia, isolation, and lasting effects on a young child.

Her batterer had serious mental issues. He would force her to take off her clothing and shower immediately after returning home, because he believed that everything outside was contaminated and he was paranoid their 10-year-old daughter would get ill. If the victim or her daughter refused to do this, he would scream at them and beat her.

She and her daughter were restricted from using the phone. She was not allowed to visit with any family or friends. They

had lived in their home for 9 years and he had never allowed one visitor to enter their home.

The last time the abuser beat the victim was after she had agreed to have dinner with his cousin. The abuser has also gotten into fights with his own father for inviting the victim and their daughter to dinner. He has screamed and threatened other parents at their child's school for speaking to his wife.

She decided to leave the relationship when she realized the impact the abuse was having on their daughter. The daughter is now afraid to touch anything at school because she fears what her father will do if she "touches something dirty".

Teen Dating Violence Prevention

"... helped me understand that I was abusive to my girlfriend. I had power and control, I had extreme jealousy, ... Now I can work on that and change my habits."

-male, 9th grade

"Towards the end of one of my high school presentations, I had a young woman ask what to do if they knew someone in an abusive relationship. I answered her question as the bell rang for them to be excused, but she came up to talk with me further at which point she disclosed that it was her mom who was experiencing psychological abuse.

We discussed options, resources and how she could be supportive, but I also emphasized the need for her to take care of herself and put her psychological and physical safety as the first priority. Once I had said that it seemed as though a weight had been lifted from her shoulders, she smiled, thanked me and then gave me a hug before leaving for her next class.

It seemed as though what I had done was such a small thing, but it was obviously significant to her and it served as a powerful affirmation of the importance of our presence in the schools."

Community Support

SAVE is fortunate to receive tremendous support from the residents and cities in our primary service area: Fremont, Hayward, Newark, San Leandro, and Union City. We extend a huge thank-you to all of our donors. You were there for our 2nd Annual Breakfast Eye Opener, Violets Against Violence, Holiday Adopt-a-Family, Holiday Appeal, Indulgence: An Evening of Chocolate, Art, and Wine, Mother's Day Appeal, Bears Not Bruises, Awareness Bracelets, and general donations.

We are so grateful for your continued support as we strive to end domestic violence in our communities. A complete list of donors for FY2004-2005 can be found on our website at www.save-dv.org.

One volunteer is better than ten forced men.

--African Proverb

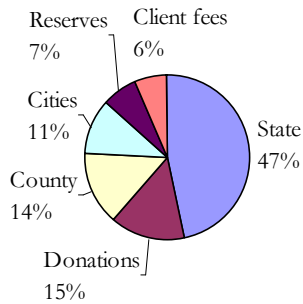
In the past year, SAVE conducted four 40-hour certified domestic violence counselor trainings. State law requires that anyone working directly with domestic violence clients complete this training. In FY2004 - 2005, more than 50 people attended SAVE trainings, including staff from other agencies.

SAVE relies on volunteers to assist our staff in providing services. Volunteers are trained to answer the 24-hour crisis hotline, oversee support groups, complete restraining orders, provide children's activities, and help with fundraising events. Last year, volunteers donated more than 800 hours of their valuable time, and we are extremely appreciative.

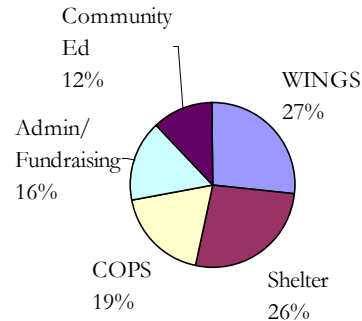
Financial Summary

July 1, 2004—June 30, 2005

Revenue \$1,497,999



Expenses \$1,497,999



Audited financial statements available upon request

Board of Directors

Herminia Arroyo, *President*
Minoti Amin, *Vice President/Secretary*
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Adeceli Roman
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Ana Apodaca
Carol Arata
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Anita Imazumi
Joan White

* retired during the year

Government funders

State of California

Office of Emergency Services (OES)
Maternal Child Adolescent Health (MCAH)
Federal Emergency Shelter Grant (FESG)

Alameda County

Child Abuse Prevention Services
Homeless
Domestic Violence Center Act
Cal WORKs
McKinney Linkages
Association of Community Action Programs (ACAP)

Cities

City of Hayward CDBG
City of Hayward Social Services
City of Fremont CDBG
City of Fremont Social Services
City of Fremont Police Department
City of San Leandro Social Services
City of Union City Social Services

Other

Emergency Food and Shelter Program (FEMA)